The Upward Bound Program was initiated at Hampton University in the 1960s. The program is designed to aid participants in transitioning and completing a post-secondary program of study after graduating high school. The participants must be enrolled in Newport News Public Schools in either Denbigh, Warwick, Heritage, or Achievable Dream high schools. The participants must have a demonstrated academic and financial need and exemplify potentials for success in education beyond high school.

While in Upward Bound participants will be offered:

- Academic tutoring
- Advice and assistance in postsecondary course selection
- Preparation for successful completion of college entrance exams
- Information on federal Pell grant awards, loan forgiveness, and scholarships
- Assistance completing applications for federal student aid, as well as guidance with secondary school reentry
- Exposure to college tours and cultural enrichment activities, and more

In addition to these services, Upward Bound staff will develop a six-week non-residential Summer Enrichment Academy for 9th-12th graders with an emphasis on increasing student achievement. Freshmen and sophomores will be provided instruction in Math, Science, English, and World Language with course content based on State Assessments and PSAT objectives. Juniors and seniors will receive instruction in those same subjects with course content based on state assessments, SAT, ACT, or other college entrance exams. The completion of one full Summer Enrichment Academy during participation in the program is required.

**ELIGIBILITY:** In order to qualify for tentative acceptance to the Hampton University Upward Bound Program, the student must:

- Meet the income eligibility criterion established by current Federal Guidelines
- Be a potential first-generation college bound student (neither of whose parent (s) received a baccalaureate degree)
- Be a citizen or national of the United States
- Be at least 13 years old (and no more than 19 years old) and a rising 9th grader at the time of acceptance
- Have a need for academic support in order to successfully pursue a program of study in education beyond high school.
APPLICATION CHECKLIST

The following documents should accompany the application when it is submitted:

- Evidence of family income (2018 1040/1040A Tax Form)
- Copy of Student’s Social Security Card
- Recommendation for the program by an adult other than a relative. (Preferably the guidance counselor OR Mathematics or Science teacher at the school the student is attending.)
- Student transcript in a sealed envelope

Please submit your completed application to your high school guidance counselor. INCOMPLETE APPLICATIONS WILL NOT BE PROCESSED.
Applicant Information (Please Print):

Name: ____________________________________  Social Security Number: __________________
First                            Middle                            Last

Address: __________________________________  Home Phone: ___________________________

Date of Birth: _______________________________  Parent Email:_____________________________

Student Cell: _______________________________  Can we contact either number via text message?

Student Email:______________________________  _____ Yes   _____ No

US Citizen    ____ Yes      ____ No

I identify my gender as: _________________________

Upward Bound Participating High School: (please check ONE):

_____ Achievable Dream       _____ Denbigh       _____ Heritage       _____ Warwick

Current Grade Level: _____12th   _____11th   _____ 10th   _____9th   _____8th (rising freshman)

Shirt Size:   ____ S     ____ M     ____L     ____XL     ____XXL

Educational Plans After High School Graduation

1.   _____ I am undecided about my educational goals.       4.   _____ I plan to attend a 4-year state college/
university.

2.   _____ I have no plans to continue my education after
high school.       5.   _____ I plan to attend a private college.

3.   _____ I plan to attend a community college.       6.   _____ I plan to join the military

Planning Your Future

List two college choices:                      List two career choices:

1.   __________________________________________       1.   __________________________________________

2.   __________________________________________       2.   __________________________________________
Demonstrated Academic Ability: What is your current GPA?  

Please List Your Current Classes and Grades

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<thead>
<tr>
<th>Classes</th>
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<th>Grades</th>
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<tbody>
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<td>1.</td>
<td>_____</td>
<td>5.</td>
<td>_____</td>
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<tr>
<td>2.</td>
<td>_____</td>
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<td>4.</td>
<td>_____</td>
<td>8.</td>
<td>_____</td>
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Need for Program Services:

Please check the services you are most interested in receiving from the HU Upward Bound Program:

- ___ Academic tutoring
- ___ Personal counseling
- ___ Educational planning
- ___ SOL preparation
- ___ College admissions assistance
- ___ Financial aid assistance
- ___ College tours/selection
- ___ Career awareness
- ___ Cultural field trips

High School Curriculum: Upward Bound students must be enrolled in college preparatory classes, which means students will take a rigorous plan of study due to Upward Bound’s focus to assist students to be college and career ready. Rigorous curriculum includes: 4 English credits, 3 Math credits (including Algebra 1 & 2, and Geometry), 3 Science credits (biology and chemistry must be included), 3 Social Studies credits, and 1 Foreign Language credit. Students must pass the required SOLs needed for receiving the specific high school diploma. Which high school diploma do you plan to attain?

- ___ Standard Diploma - 22 credits
- ___ Advanced Diploma - 24 credits
- ___ Advanced Technical Diploma - 26 credits
- ___ Governor's Seal (9 transferable college credits earned during high school)

Please rank the following academic areas (1 indicates your highest interest)

- _____ Math  - _____ Science  - _____ History  - _____ Language Arts  - _____ Foreign language

The HU Upward Bound program is funded by the US Department of Education to serve eligible students from Newport News Public Schools at Achievable Dream, Denbigh, Heritage, and Warwick High Schools. This is a year-round educational experience. Upward Bound students are required to maintain a minimum 2.5 semester grade point average throughout high school, attend weekly after-school and/or in-school meetings, participate in program travel, attend tutoring, and participate in at least one summer program held on the HU campus.

My signature below indicates that the information provided on this form is true, complete, and accurate.

_______________________________________  __________________________________
Student Signature                               Date                  Parent/Guardian Signature   Date
All information shared with the Hampton University Upward Bound Program is strictly confidential and is used solely for determining student eligibility for program participation.

**Family Information**

With whom do you live?  
___ Both parents  
___ One parent  
___ Grandparent(s)  
___ Parent and Step-Parent  
___ Foster family  
___ Legal guardian  
___ Other

Mother’s Name: ____________________________           Daytime Phone No. ________________________________
Father’s Name: ____________________________            Daytime Phone No. ________________________________
Guardian’s Name: __________________________            Daytime Phone No. ________________________________

Please list your brothers and/or sisters with their ages and current grade level:

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Grade</th>
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Have any of your relatives participated in Upward Bound?  If yes, please list relative’s name.
___ Yes  ___ No  Name:______________________________

**Program Documentation**

The HU Upward Bound Program is designed to serve students from families with the most financial need, where neither parent has completed a four-year college degree.

**Section A - Educational Completion of Parents or Guardians**

Enter the information pertaining to the educational completion of the applicant’s parent or guardian.

**Mother’s Name** ____________________________  **Father’s Name** ____________________________

Educational Completion  (Please Circle)  Educational Completion  (Please Circle)

Grades 1-8 9 10 11 12 GED  Grades 1-8 9 10 11 12 GED
2 Year Associate’s 4 Year Bachelor’s 2 Year Associate’s 4 Year Bachelor’s

*My signature below indicates that the information provided on this form is true, complete, and accurate.*

_______________________________________    __________________________________________
Student Signature                               Date                  Parent/Guardian Signature              Date
Income Documentation
In the case of divorce, please list the parent who claims the student on their federal tax form.

Section B - Family Size
How many people live in your household? (include children away at school/college) ________

Section C - 2018 Taxable Income
Please check the **taxable income** range that is reflected on your 2018 tax forms. This amount can be found on your IRS 1040 form. (LINE 10) If you did not file a tax return, please select the first income range. **Do not use your Adjusted Gross Income (AGI) amounts located on the first page of your tax return.**

<table>
<thead>
<tr>
<th>Income Range</th>
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<tbody>
<tr>
<td>$0 - $19,140</td>
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</tr>
<tr>
<td>$19,140 - $25,860</td>
<td></td>
</tr>
<tr>
<td>$25,860 - $32,580</td>
<td></td>
</tr>
<tr>
<td>$32,580 - $39,300</td>
<td></td>
</tr>
<tr>
<td>$39,300 - $46,020</td>
<td></td>
</tr>
<tr>
<td>$46,020 - $52,740</td>
<td></td>
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<tr>
<td>$52,740 - $59,460</td>
<td></td>
</tr>
<tr>
<td>$59,460 - $66,180</td>
<td></td>
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</tbody>
</table>

____________________________________________________
Student’s Signature                                      Date

____________________________________________________
Parent/Guardian’s Signature                               Date
The Upward Bound Program is committed to providing educational support for selected participants, and is designed to work with a select group of students throughout their high school experience and track their progress through postsecondary education. Parents and students must fully understand the commitment they are making to the HU Upward Bound Program and the investment the program is making in each participant. Participants should understand that they may be dismissed from the HU Upward Bound Program for failing to comply with program regulations. Immediate removal from the program will occur if participants are found in possession of tobacco, alcohol, drugs, firearms or other weapons at school or during program activities, or in violation of the Hampton University Code of Conduct or policies set forth in the Hampton University Student Handbook.

### Student Commitment Statement:

Please initial by each statement.

As a member of the HU Upward Bound Program, I understand that my commitment to this program assists me in going to college and obtaining a four-year college degree. **My personal actions and mannerisms will be college-going behaviors and include:**

1. _____ Maintaining a minimum 2.5 semester grade point average;
2. _____ Successfully completing the appropriate Standards of Learning Tests, and providing end of year SOL scores and final grade report cards to Hampton University Upward Bound staff;
3. _____ Participating in a minimum of one complete Summer Program, including the end of the year trip (unless attending Newport News Public Schools Summer School Programming or Hampton University’s Pre-College Program);
4. _____ Participating in after-school, in-school, or Saturday meetings, testing, tutoring, and field trips;
5. _____ Following the dress code, rules and regulations of Hampton University, the Hampton University Upward Bound Program, and my respective high school;
6. _____ Never given in-school or out of school suspension after being accepted into the Hampton University Upward Bound Program;
7. _____ Never using or being in the possession of tobacco products, alcohol or other abusive substances, including “vapor” products during program activities or while on my respective school or college property;
8. _____ Never being in the possession of firearms or other weapons during program activities or while on my respective school or college property;
9. _____ Enrolling in college preparation courses throughout high school which includes a **rigorous curriculum**;
10. _____ Exhibiting positive behaviors and attitudes towards students and staff;
11. _____ Enrolling in college upon graduation from high school, and
12. _____ Graduating from college with a two-year degree (in 3 years or less) and/or a four-year degree (in 6 years or less).

*Our signatures below indicate that we have reviewed the commitment statements and agree to abide by the regulations and policies that govern participation in the HU Upward Bound Program. I also understand that failure to uphold any part of this commitment may warrant dismissal from the Hampton University Upward Bound Program.*

<table>
<thead>
<tr>
<th>Student’s Signature</th>
<th>Date</th>
<th>Parent’s Signature</th>
<th>Date</th>
</tr>
</thead>
</table>
The following information has been reviewed with me during the parent interview for the HU Upward Bound Program. Please initial by each statement.

________ I give my permission for my child to participate in scheduled classes, after-school programs, Saturday seminars, tutoring, field trips, testing, college visitations and cultural experiences provided by the Hampton University Upward Bound Program

________ I will be responsible for transporting my child to and from home, their respective high school, the Hampton University campus, and/or other Hampton University Upward Bound Program events. I give permission for my child to be transported by school bus, college vehicles and /or commercial chartered buses for field trips, college visitations, or other general program needs

________ I give permission for the Hampton University Upward Bound staff to access my child’s class schedule, grades, standardized test scores, SOL scores, and financial aid documentation for the purposes of meeting program requirements.

________ I understand that the Hampton University Upward Bound staff is required to track my child’s progress from high school through college graduation and will supply up-to-date college addresses and student record information as needed.

________ I understand that I must notify the Hampton University Upward Bound Program staff if my child is given in-school or out of school suspension after being accepted into the Hampton University Upward Bound Program

The Hampton University Upward Bound staff has my permission to make a record of my student’s activities (e.g. videotape, audio tapes, movies or photographs) while engaged in program activities. This material may be used only for marketing materials, teacher in-service training, professional conference presentations, or marketing materials

________ I understand that my child may not be accepted into or dismissed from the Hampton University Upward Bound Program for failing to comply with University and program policies, rules, and regulations. Removal from the program will occur if my child is in possession of tobacco, alcohol, drugs, firearms or other weapons at school or during program activities, or in violation of the Hampton University Code of Conduct or policies set forth in the Hampton University Student Handbook and the Hampton University Upward Bound Student and Parent Handbook

________ I assume responsibility for any damage to the program’s technology, damage to the University, high school or other facilities brought about by my child

________ I understand that upon acceptance to this program, my student will attend at least one complete Summer program, including the end of summer trip. Family vacations, church camps, 4-H camps, sports camps, band camp, Boy/Girl Scout camps, etc. must be planned around the Hampton University Upward Bound commitment

I understand that Hampton University Upward Bound employees are required to report to the proper authorities any of the following information disclosed by my child:

- If the student expresses thoughts, ideations, or plans to commit suicide
- If the student expresses to an employee that he or she is being abused
- If the student is harassing or abusing another individual
- If the student expresses an intention to harm another person

Our signatures below indicate that we have reviewed the commitment statements and agree to abide by the regulations and policies that govern participation. I also understand that failure to uphold any part of this commitment may warrant dismissal from the Hampton University Upward Bound Program.
Dear Principal/Counselor:

My son/daughter _____________________________________________ is participating in the Hampton University Upward Bound Program. I understand that Upward Bound staff are required by federal regulations to track my student’s grades, SOL scores, and academic progress throughout high school (including a final transcript). I give my permission for this information, along with my child’s disciplinary records to be released to the Hampton University Upward Bound staff. If my child drops out or is removed from the program, a final high school transcript should be provided to the Upward Bound staff for tracking purposes. Thank you for your assistance.

Sincerely,

_____________________________________       _____________________________________________
Student’s Signature       Date       Parent/Guardian Signature       Date

Please Print:

Student’s Name: ____________________________________________________________

High School: _____Achievable Dream    _____Denbigh
              _____ Heritage    _____ Warwick

Social Security Number: ______________________________________________________

Home Address: ______________________________________________________________

___________________________________________________

Consent to Release Student Records

Dear Principal/Counselor:

My son/daughter _____________________________________________ is participating in the Hampton University Upward Bound Program. I understand that Upward Bound staff are required by federal regulations to track my student’s grades, SOL scores, and academic progress throughout high school (including a final transcript).

I give my permission for this information, along with my child’s disciplinary records to be released to the Hampton University Upward Bound staff. If my child drops out or is removed from the program, a final high school transcript should be provided to the Upward Bound staff for tracking purposes. Thank you for your assistance.

Sincerely,

_____________________________________       _____________________________________________
Student’s Signature       Date       Parent/Guardian Signature       Date
Consent to Release Student Records

As a participant in the Hampton University Upward Bound Program, I understand that Upward Bound staff are required by federal regulations to track my grades and academic progress throughout college (including a final transcript). I hereby authorize the Hampton University Upward Bound staff to obtain copies of my academic records, to include but not limited to: current semester schedules, mid-term grade reports, and enrollment verifications. I also understand that Upward Bound Staff may track my college progress using the National Student Clearinghouse Database, and request financial assistance records (USDA/Financial Aid) from the educational institution now attending and from educational institutions attending in the future.

I Do DIRECT Registrar’s or other pertinent offices to release information included within my student records to:

Hampton University Upward Bound Program
Academy Building, 2nd Floor
Hampton, Virginia 23668
(757) 727-5307 (Office)  (757) 637-2110 (fax)
upwardbound@hamptonu.edu

I give my permission for this information to be released to the Hampton University Upward Bound staff. If I Final collegiate transcripts should be provided to the Upward Bound staff for tracking purposes. Thank you for your assistance.

____________________________________
Student’s Signature          Date